

KARATE CLASS

Looking for fun and fitness? Try karate!

Tues & Thurs

4:30pm- Beginners

5:30pm- Advanced

**Reg Now Open
for 2026**

Contact Us:

 **+27 81 267 2687**

 **info@bryanstonkarate.co.za**

 **www.bryanstonkarate.co.za**



Transform your mind transform your life

Reach new goals with our
transformative training program

Individual membership

Option 1

R789
pm

- ✓ 1 session per week
- ✓ Progress report

Option 2

R989
pm

- ✓ 2 session per week
- ✓ Progress report

Family discount

Option 3

R589
pm

- ✓ 1 session per week
- ✓ Progress report

Option 4

R789
pm

- ✓ 2 session per week
- ✓ Progress report

**JOIN
NOW**

Annual Registration : R899
Grading : R899
Adidas Karate Suit : R899
Adidas Mitts : R499



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